

Consultant Team at Queen Elizabeth Centre

Who are the consultants?

Queen Elizabeth Centre has two volunteer resources consultants—Lucy McIntosh and Christina Halladay.

When did the consultant team change?

The team changed from one consultant and one assistant/recruiter to two consultants in April 2007 (representing 1.5 full time equivalents)

What are the consultants' hours?

Lucy works Monday to Thursday from 7:45 am to 3:45 pm and Christina works Thursdays and Fridays from 7 am to 3 pm and three additional hours from her home office.

Why did Volunteer Resources implement this change?

In keeping with our focus on delivering quality services to patients in support of the hospital, we believe the expansion of consultant hours will improve service delivery to the staff, volunteers and volunteer applicants at QEC. Increasing consultant presence allows us more dedicated time to focus on the development of volunteer placements within the volunteer program at QEC.



➤ Queen Elizabeth Centre's Volunteer Resource Consultants Christina Halladay left, and Lucy McIntosh.

Volunteer Profile: John Stubbs, *Volunteer for 22 months*



Why did you choose to volunteer at Toronto Rehab?

I visited the Spinal Cord Rehab Program located at the Lyndhurst Centre during a high school field trip. The program made such an impression on me, that when I finished university, I decided to apply to volunteer.

What do you do at Toronto Rehab?

Assist out-patients in the Fitness Centre program.

What is a typical day for you at Toronto Rehab?

A typical shift starts at 5:30 p.m. and goes to 8:30 p.m. each Wednesday. People come to the Fitness Centre and require assistance with the pulley systems, leg/arm trainers and various weight training apparatuses. Generally, we make ourselves available to anyone who needs help with any of the equipment. The last hour of the evening is usually reserved for games in the gym. The most popular game is soccer—we use a large rubber stability ball and carry or push it to score on the opposing team's net. These games do get competitive and generate some friendly competition. The best part is that anyone can play, and those that do, make it a weekly occurrence.

What is the best part about your volunteer work?

The best part of my volunteer work is that it gives me something to look forward to mid-week. I've made a lot

of great friends and am genuinely excited to see them each Wednesday.

Tell us a bit about yourself.

I've lived in Toronto my whole life, with the exception of four years completing my undergrad degree in Waterloo. I work in the financial services industry, currently with Scotiabank in their Global Transaction Banking division. I like to diversify my life experiences and continually strive to learn new things.

Any hobbies/interests?

I have a natural affinity for anything with wheels, specifically cars and bicycles. This summer I bought myself a new road bike and it has taken me on many long distance rides covering most of southern Ontario.

What is something most people don't know about you?

I helped in the planning and organization of the Volunteer Appreciation Dinner, on October 18. I've also been asked to sit on the Board of Directors for Volunteer Toronto.